

Don't Be a Bystander

Gross!
Loser!
Ha!



What can you do?



Tell the bully to stop

Don't become the audience

Don't laugh or encourage the bully



Be a friend to the victim

Reach out to the victim

Tell an adult: teacher, coach, nurse, or parent

Don't allow others to become isolated



Depression

Fear

Loneliness

Low Self-Esteem

Bullying can cause

Physical Illness

Poor Academic Performance

Anxiety

Suicidal Thoughts



@4SafetyVan

Don't Watch This Happen.
Stand up to Bullying!

